

Student Health Services

The following health services are provided to students.

Handwashing importance

Keeping hands clean is one of the most important steps we can take to avoid getting sick and spreading germs to others. Many diseases and conditions are spread by not washing hands with soap and clean, running water.

Teaching your children to wash their hands is very important. When should they wash their hands?

- Before eating food
- After using the toilet
- After blowing their nose, coughing or sneezing
- After touching an animal, animal feed or animal waste
- After touching garbage

Here are some resources to teach more about handwashing.

1-Centers for Disease Control (CDC) Handwashing Sheet

2-Scrub Club (American Red Cross)????