

BREAKFAST MENU



March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cereal Yogurt Juice/Fruit	Sausage patty Biscuit Fruit/Juice	Pancake on a stick/syrup Fruit/Juice	Breakfast Casserole Toast Fruit/Juice	Cinnamon roll Yogurt Fruit/juice
10	11	12	13	14
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
17	18	19	20	21
Breakfast bagel Fruit/Juice	Ham/Egg stacker Toast Fruit/Juice	Sausage patty Egg Cheese English muffin Fruit/Juice	Breakfast pizza Fruit/Juice	Long John Yogurt Fruit/Juice
24	25	26	27	28
Cereal Yogurt Fruit/Juice	Waffle/syrup Sausage patty Fruit/Juice	Ham/Egg stacker Toast Fruit/Juice	Sausage patty Biscuit Fruit/Juice	Cinnamon roll Yogurt Fruit/Juice
31				
French toast sticks/syrup Sausage patty Fruit/Juice				

^{*}Menus are subject to change at any time

Milk: low-Free Chocolate & Low-Fat White

What makes a meal?

You will need to take at least 3 of 4 items

- 1) Bread
- 2) Fruit
- 3) Meat or meat alternative
- 4) Milk



R _L	BREAKFAST MENU

R _L
