



# BREAKFAST MENU



## February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Cereal Yogurt Fruit/Juice	<b>4</b> Egg patty Biscuit Fruit/Juice	<b>5</b> Pancake on a stick/ Syrup Fruit/Juice	<b>6</b> Breakfast Casserole Biscuit Fruit/Juice	<b>7</b> Long John Yogurt Fruit/Juice
<b>10</b> Cereal Yogurt Fruit/Juice	<b>11</b> French toast sticks Syrup Cheese stick Fruit/Juice	<b>12</b> Waffles/Syrup Yogurt Fruit/Juice	<b>13</b> Breakfast pizza Fruit/Juice	<b>14</b> Cinnamon Roll Yogurt Fruit/Juice
<b>17</b> Cereal Yogurt Fruit/Juice	<b>18</b> Sausage Biscuit Fruit/Juice	<b>19</b> Pancake on a stick/syrup Yogurt Fruit/Juice	<b>20</b> Ham/egg stacker Toast Fruit/Juice	<b>21</b> Long John Yogurt Fruit/Juice
<b>24</b> Cereal Yogurt Fruit/Juice	<b>25</b> Waffles Syrup Cheese stick Fruit/Juice	<b>26</b> Sausage Egg Cheese English muffin Fruit/Juice	<b>27</b> Apple streusel Yogurt Fruit/Juice  Early release day	<b>28</b> No School

\*Menus are subject to change at any time

**Milk:** low-Free Chocolate & Low-Fat White

What makes a meal?
<p>You will need to take at least 3 of 4 items</p> <ol style="list-style-type: none"> <li>1) Bread</li> <li>2) Fruit</li> <li>3) Meat or meat alternative</li> <li>4) Milk</li> </ol>



*The Rib Lake School District is an equal opportunity provider*



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